



Irish Lung Fibrosis Association  
www.ilfa.ie

# ILFA

## STAKEHOLDER SURVEY PATIENTS

Between April 16th and May 5th 2020, the Irish Lung Fibrosis Association commissioned a survey of its stakeholders to gain a deeper understanding of how their daily and healthcare needs were being met during the Covid-19 pandemic.

Patients are coping reasonably well in terms of immediate daily needs and current healthcare requirements. However prolonged restrictions and cancelled tests, appointments and procedures are a cause of grave concern.

## CONCERNS



**83% of patients** were concerned about their ability to safely access hospital care if needed.



### EXERCISE

49%

49% of patients use a pedometer to help with exercise.

49%

10%

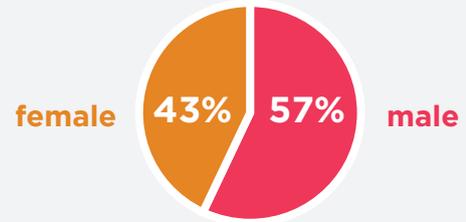
49% of patients exercise daily, and 10% never exercise.



47%

Since Covid-19, 47% indicated that they are exercising less since the COVID-19 lockdown began.

## Patients Profile



## QUALITY OF SLEEP

23%

reported that their sleep had gotten worse during the Covid-19 situation.

45%

of patients reported good or very good quality of sleep.

## MEDICAL CARE

### Health Service and Government Response

39%

of patients who've had medical tests since the coronavirus lockdown had their results delayed

43%

of patients had tests relating to Idiopathic Pulmonary Fibrosis delayed due to the Covid-19 situation

43%

of patients have had to call their GP since the lockdown was put in place

*I now realise that being a more active member of this association, (ILFA) will improve my level of knowledge and understanding of the support structures which will help me as this condition progresses.*

